Latino Healthy Eating Project



Bloomington Public Health - SNAP-Ed Community Partnership Presentation Bloomington Advisory Board of Health – June 28, 2016

OBJECTIVES OF SNAP-ED COMMUNITY PARTNERSHIP GRANT

Support the capacity and leadership of the Latino Childcare Provider Network

Improve nutrition, physical activity and school readiness practices

Provide Smarter Lunchroom support/signage to school district with the highest percentage of Latino students

WHY LATINOS?

WHY A LATINO CHILDCARE NETWORK?





LATINOS IN BLOOMINGTON

- 46% of Bloomington Latinos are below 185% of poverty (2010 Census)
- Of children living in poverty 30.6% are Latino compared to 5.1% of white children (ACS 2010-2014)
- Of overweight/obese children in local WIC, 28% are Latino children compared to 19% of white children (WIC 2015)
- 16% of incoming kindergarteners are Latino (BPS 2016)
- Only 41% of Latino children are ready for school compared to 91% of white children (First Minneapolis, 2012)
- 57% of Latinos graduate high school on-time compared to 83% of white children (MDE 2014-15)

WHY A NETWORK INSTEAD OF A PROGRAM?

Using a model with a different Public Health approach rooted in community organizing principles and system change

- Build strong & deep relationships
- Build & share power
- Authentic engagement
- Work with communities, not do for them

Resulting in a sustainable Network

- Run by the community
- Highly valued by the members
- Uniquely designed to meet the needs of the communit



NETWORK GOALS

Primary Network Goal: To create a support system that builds the capacity of Latino Family, Friend and Neighbor (FFN) childcare providers to provide high quality care to children within Bloomington and Richfield

- Focus on nutrition, physical activity and school readiness
- Resulting in an increase the number of healthy Latino children ready to enter the Bloomington and Richfield school districts

SECONDARY NETWORK GOALS

- Reduce barriers to participating in existing childcare system
- Support the capacity of the community create and carry out an alternative system
- Reduce isolation, improve social connectedness & emotional health of Latino families
- Build trust & strengthen relationships
- Build capacity of community and systems

THE HISTORY OF THE NETWORK

2012: Healthy Living Hub at Assumption is funded through CTG

2013: BPH receives UCare Grant to support childcare providers

2015: BPH receives SNAP-Ed Grant to support nutrition education and access

2016: Network has over 175 providers that have participated



LEVERAGING RELATIONSHIPS

Ongoing Partners

- Good in the Hood
- 2. Early Childhood & Family Education
- 3. University of Minnesota Extension, SNAP-Ed, 4-H
- 4. MN Department of Health
- 5. Think Small
- 6. Minnesota Department of Education
- 7. Help Me Grow Program
- 8. Child Care Aware
- 9. Fairview Southdale Hospital

NETWORK INPUT

Formative Evaluation

- Feeding practices of providers
- Typical foods served
- Topics of interest for workshops
- Types of food/recipes they would like to learn
- Type of additional healthy food needed to serve healthier menus
- Recipe preferences for workshops
- Type of food resources need to follow best practices

PROGRESS

Workshop

Format and design in process

Childcare

Partnership with 4-H



The workshops will teach you how to:

- Plan weekly menus using a variety of healthy foods for less money.
- · Serve a healthy amount that's right for each child.
- · Cook healthy recipes that children will love to eat
- Use nutrition and physical activities to teach children math and reading skills to help them prepare for kindergarten.

Adults and children will have a chance to taste the new foods at the end of each workshop.

Agenda

9:30 a.m. Snacks 10:00 a.m. Training 1:00 p.m. Lunch

Location

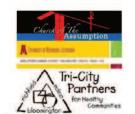
Assumption Church La Misión St. Joseph's Hall 305 East 77th Street Richfield, MN 55423

To Register

Call La Misión and speak with Ruth or Faviola at: 612-869-1824 612-866-5019

Childcare

Childcare will be provided. 4-H will provide special activities for schoolaged children.



Made possible through support from the Statewide Health Improvement Program, Minnesota Department of Health; The University of Minnesota Extension Health and Nutrition and SNAP-ED

PROGRESS

SNAP Outreach

Scheduled workshop on SNAP

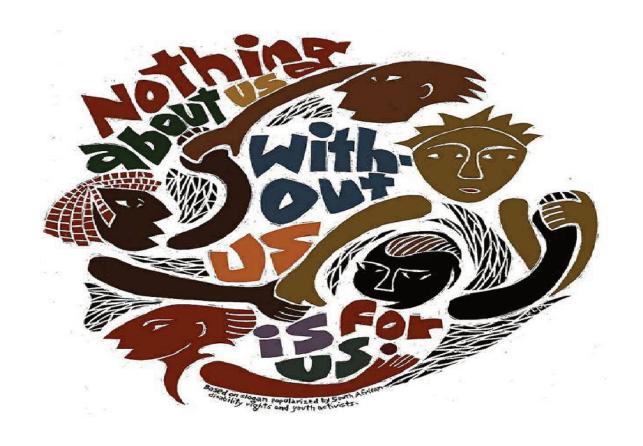
SNAP-Education

 First workshop on incorporating vegetables into children's menus









Questions?